## **Local Contacts**

## **Alberta Avenue Community League**

9210 – 118 Avenue 780-477-2773 info@albertaave.org

## **Delton Community League**

12325 – 88 Avenue 780-477-3326

## **Eastwood Community League**

11803 – 86 Street 780-477-2354 ewcl@telus.net

## **Elmwood Park Community League**

12505 – 75 Street 780-479-1035 epcl@shawbiz.ca

## **Parkdale-Cromdale Community League**

11335 – 85 Street 780-471-4410 info@parkdalecromdale.org

## **Spruce Avenue Community League**

10240 – 115 Avenue 780-471-1932 spruce.avenue@gmail.com

## **Westwood Community League**

12139 – 105 Street 780-474-1979 westwoodcommunity2@gmail.com

## **Sprucewood Library**

11555 – 95 Street 780-496-7099 www.epl.ca

## **Alberta Avenue Business Association**

780-471-2602 www.alberta-ave

www.alberta-avenue.com

## **Kingsway Business Association**

780-454-9716 info@kingswayba.ca www.kingswayba.ca

## **Eastwood Community Police Station**

11845 – 81 Street 780-496-8502

## **General Contacts**

## **City Information**

Call 311 311@edmonton.ca www.edmonton.ca

#### Weather

780-468-4940

## **Emergency Contacts**

Police/Ambulance/Fire

911

## **Police Complaint Line**

780-423-4567

## **Walking Resources**

## **Active Edmonton**

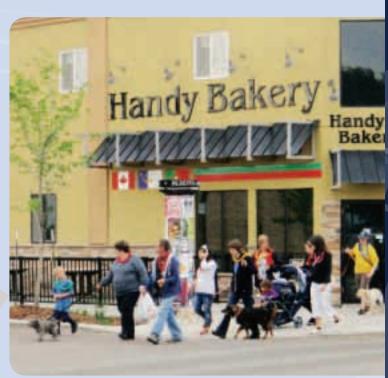
www.activedmonton.ca 780-448-4555

## **Alberta Centre for Active Living**

www.centre4activeliving.ca 780-427-6949

#### **Canada Walks**

www.canadawalks.ca



Local dog walking group on 118 Avenue

## **Walking Resources**

## **Walkable Edmonton**

Walkable Edmonton is an initiative bringing Edmontonians together to build a more walkable community by providing grass roots resources and building civic support.

www.edmonton.ca/walkable Walkableedmonton@edmonton.ca 780-944-5339

## Shape

(Safe Healthy Active People Everywhere)

www.shapeab.com

Get involved with Walk to School Week and Walking School Bus Programs

edmonton@shapeab.com 780-406-8530

## **Walking Map Survey**

We would like to hear from you! We would like you to complete a brief survey to get your feedback about this walking map. By completing the survey you will have an opportunity to win either a \$100 gift certificate to a local business (early bird prize; draw date August 31, 2010) or a mountain bike and helmet (grand prize; draw date September 30, 2010). For more information about the survey or if you would like a paper copy please phone 780-492-1947.

To complete the survey go to the following link: www.edmonton.ca/walksurvey





06/2010



Funding for this project was provided by the Community Health and the Built Environment Project which was funded by Heart and Stroke Foundation of Canada and the Canadian Institutes of Health Research.



Thank you to the many volunteers — adults, youth and children alike — who contribute their time, energy and enthusiasm to this great walking map!

Photos supplied by Rebecca Lipiatt-Long and Steven Michos

Dawn Freeman, Resident of Alberta Avenue Community

Our Avenue communities are some of the hidden jewels in Edmonton's crown. History combines with modern, beauty with everyday, and nature with urban sprawl - in the outer inner city we have it all. Take a walk in the neighbourhood and see for yourself!

**Westwood** community is home to Beechmount Cemetery, Edmonton's first municipal cemetery opened in 1914, which makes for a lovely place to walk in all seasons. The community is also known for its great ornamental pool for those hot summer days and skating year round at the indoor Westwood Arena.

**Spruce Avenue** is also a community that loves activity and boasts some of the nicest ice in the city on its rink built for hockey and curling. With support from many community members, its community league is creating a fantastic green space, playground and community centre that will serve its resident well for many years to come.

In 1961, after years of discussion, the residents of North Delton established their own community league, and a rink and hall were built at Delton Park in 1962. **Delton** has an active sports scene with soccer all year round and hockey in the winter. In 2009 they built a brand new regulation size rink, worthy of the NHL itself.

The **Parkdale** and **Cromdale** neighbourhoods became an amalgamated Community League in 1986 to share their resources of buildings and people. One of the highlights of the area is the ease of access to the trails of the beautiful River Valley and Kinnaird Ravine. Parkdale's walkability only increased in 2009 with the addition of completely new sidewalks and curb cutouts into the streets.

The area of **Elmwood Park** started life in 1945 as land developed under the Veteran's Land Act for use by discharged military personal. Today the area is known for its beautiful yards and friendly neighbours, as well as its straw built eco friendly community league building and renovated spray deck, built in 2006 and 2010 respectively.

Both Alberta Ave and Eastwood residents like their green space and parks and Eastwood's spray deck is a constant winner with area kids in the summer. Alberta Avenue supports the idea of a walkable community with a year round Farmers Market and is a lynch-pin in the blossoming arts community being created in the 118 Avenue area.

The neighbourhoods of **Alberta Avenue** (formerly known as Norwood) and **Eastwood** are some of the oldest in the city, with development beginning in 1894 and 1906 respectively. Their mature tree-lined boulevards and majestic 2 and 3 story turn of the century houses are a gift in an area so conveniently located to downtown.

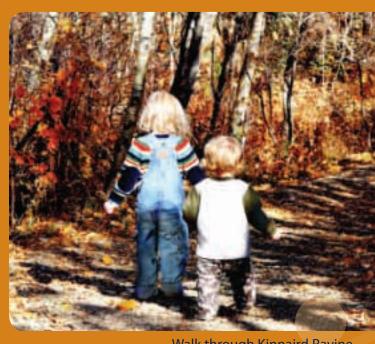
The diversity of the eight neighbourhoods surrounding the stretch of 118 Ave now commonly referred to as The Ave make for a wonderful and interesting community that really seems to focus on connection.

# **Community**Walking Map

# The Avenue Communities:

Alberta Avenue, Cromdale, Delton, Eastwood, Elmwood Park, Parkdale, Spruce Avenue, Westwood

# **Communities on Foot Series**



Walk through Kinnaird Ravine

## **About the Communities on Foot Map Series**

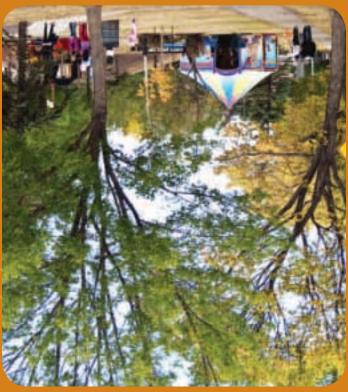
The Communities on Foot series are walking guides, created as a joint project of Walkable Edmonton, the Community Health and the Built Environment project and local Community Leagues to promote walkable communities.

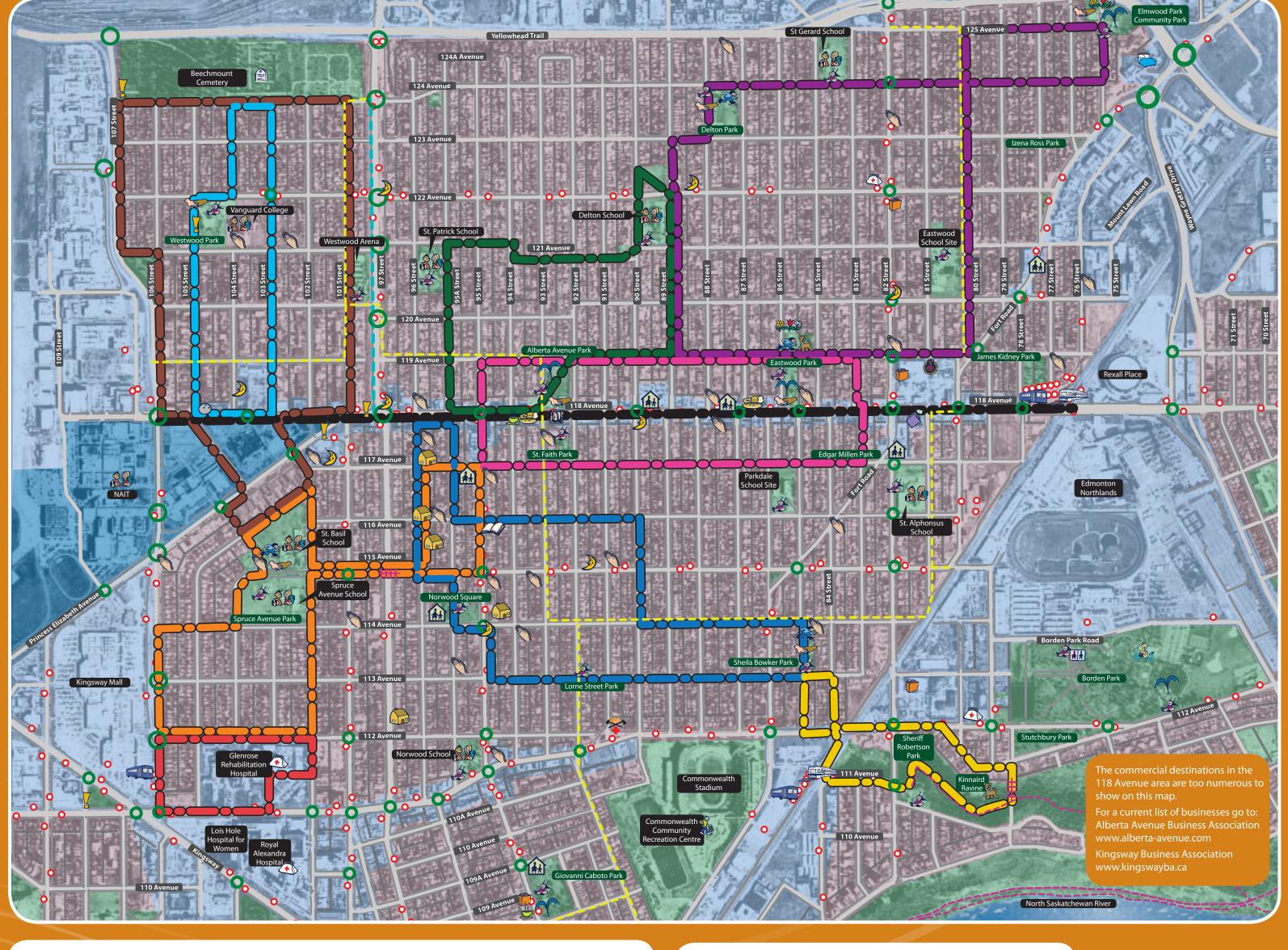
Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

www.edmonton.ca/walkable Walkableedmonton@edmonton.ca 780-944-5339



Festival on the Avenue











Community Centre











Coffee Shop

Bus Stop







**Grocery Store** 







Community Garden











Library

Health Centre/Medical













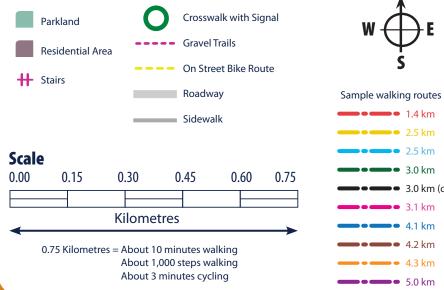








Commercial



Bike/Taxi/Bus Lane

